

Meals and More: Community Resources for Children and Families

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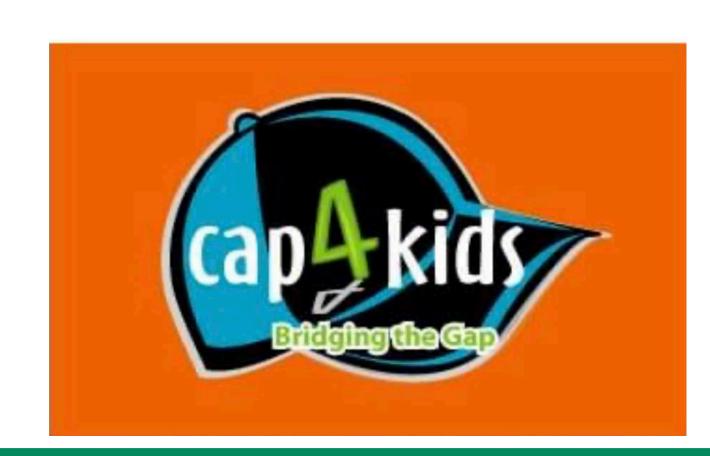
COMMUNITY PARTNER

Community Partner: St. Christopher's Hospital for Children- Summer Meals Program and CAP4Kids St. Christopher's Hospital for Children, located in North Philadelphia, provides a variety of medical and social services to the community.

The Children's Advocacy Project of Philadelphia, CAP4Kids, developed by Dr. Daniel Taylor, connects healthcare workers, social workers, child advocates, parents, and teens to community resources to address the social determinants of health. The website contains current information about after school and camp programs for children, legal services, immigration and refugee services, housing and utility resources, financial assistance programs, education resources, etc., aimed at decreasing barriers to good health and improving the lives of children and their families.

Website: cap4kids.org/philadelphia





PROJECT

Summer Meals Program

- Distributed 7-day meal kits at St. Christopher's Hospital for Children to children and teens
- Each kit had 7 days worth of breakfasts and lunches and a gallon of milk
- Meals were provided by Nutritional Development Services of the Archdiocese of Philadelphia as part of their Summer Meals Program

CAP4Kids of Philadelphia

- Verified the contact information of over 500 community organizations, programs and websites
- Updated handouts and resource guides for families
- Identified additional resources to include on site

REFLECTION

Spending the summer as a BTG CHIP intern with CAP4Kids and the Summer Meals Program was an incredibly enriching and rewarding experience.

The CAP4Kids website helped me to gain an understanding of the specific social factors that affect Philadelphia families, as well as what resources and programs are available to aid them, knowledge that will allow me to better support future patients. I am grateful to have had the opportunity to work directly with community members and even hear from some families about the positive impact of the meal distribution and accessibility of this site. These interactions and my role in helping to bring such necessary resources to children and their families has been so special for me and helped me to become more connected with the community in Philadelphia.

PROJECT RESULTS

- Over 1000 meal kits and gallons of milk distributed to children and teenagers
- Modified and distributed a flyer with various resources for families in Philadelphia

 Summer Resources Newsletter
- Created a flyer with a QR code to the CAP4Kids site Physical Health Resources page for easy access to oral health and smoking cessation resources
- Updated career and education resources guide for teens

