





Title: Summer with A Book a Day and Penn Dental

Student Interns: Jiayue (Joy) Qiu, University of Pennsylvania School of Dental Medicine Aiysha Scott, University of Pennsylvania School of Veterinary Medicine

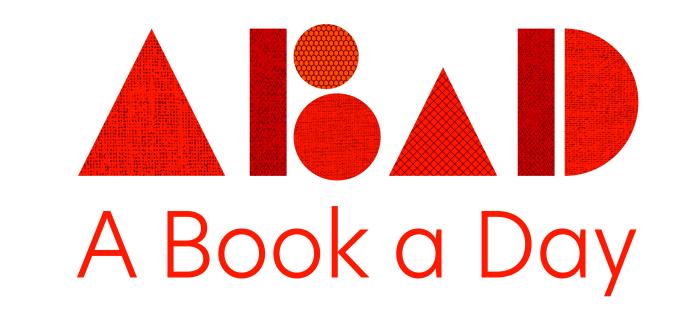
Academic Preceptors: Joan Gluch, PhD, RDH, University of Pennsylvania School of Dental Medicine Brittany Watson, VMD/PhD, University of Pennsylvania School of Veterinary Medicine

Community Preceptors: Soyoung Jung, A Book a Day,
Shabnam Sedaghat, DMD, University of Pennsylvania School of Dental Medicine
Sibylla Shekerdjiska-Benatova, A Book a Day,
Matthew Whipple, RDN, LDN, University of Pennsylvania School of Dental Medicine

COMMUNITY PARTNER

Community Partner: A Book a Day partnered with Penn Dental

A Book a Day is a West Philadelphia organization that advocates for childhood literacy and understanding cultural diversity by donating children's books to public schools and libraries. https://abookaday.edublogs.org/

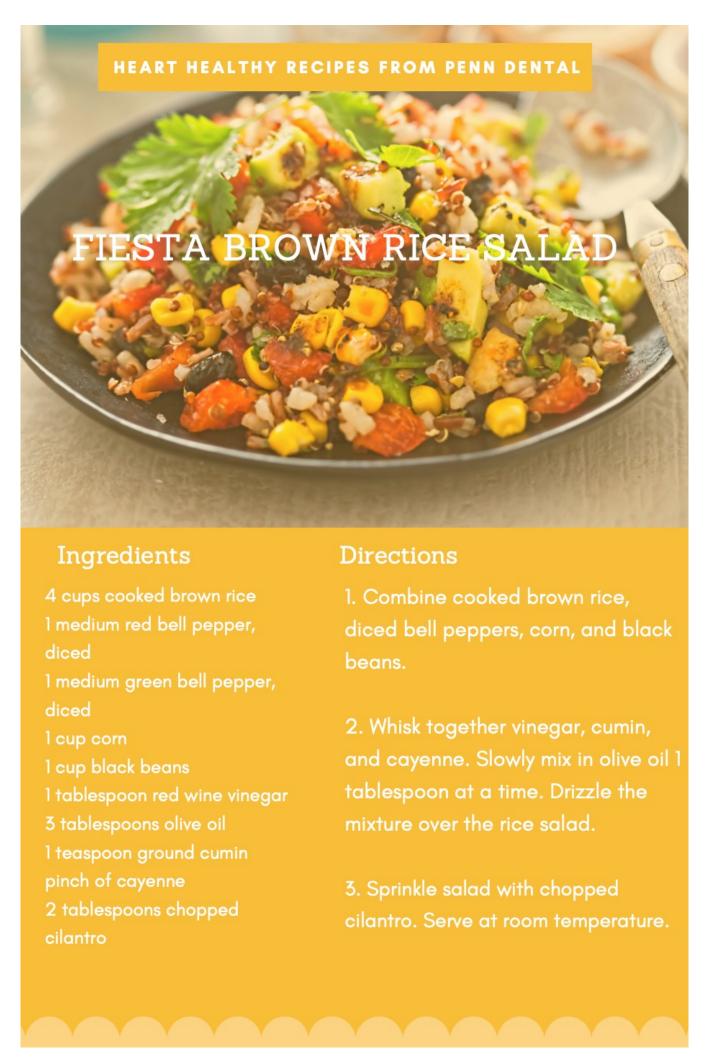


PROJECT

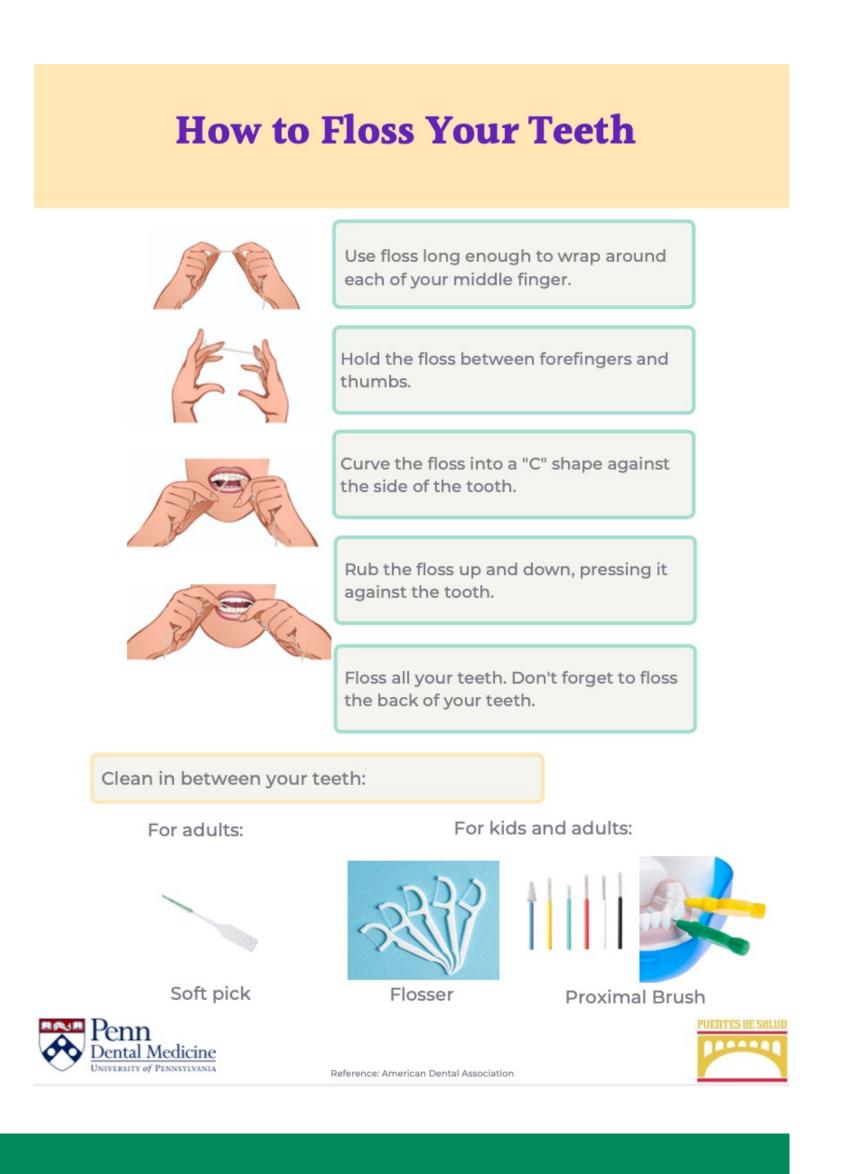
Project: A Book a Day interns assisted with creating a catalog of children's books for schools in the West Philadelphia area. The interns also helped execute a heart healthy recipe event for Penn Dental, create an oral health infographic for Puentes de Salud, and complete surveys for the book giveaway program with A Book a Day.

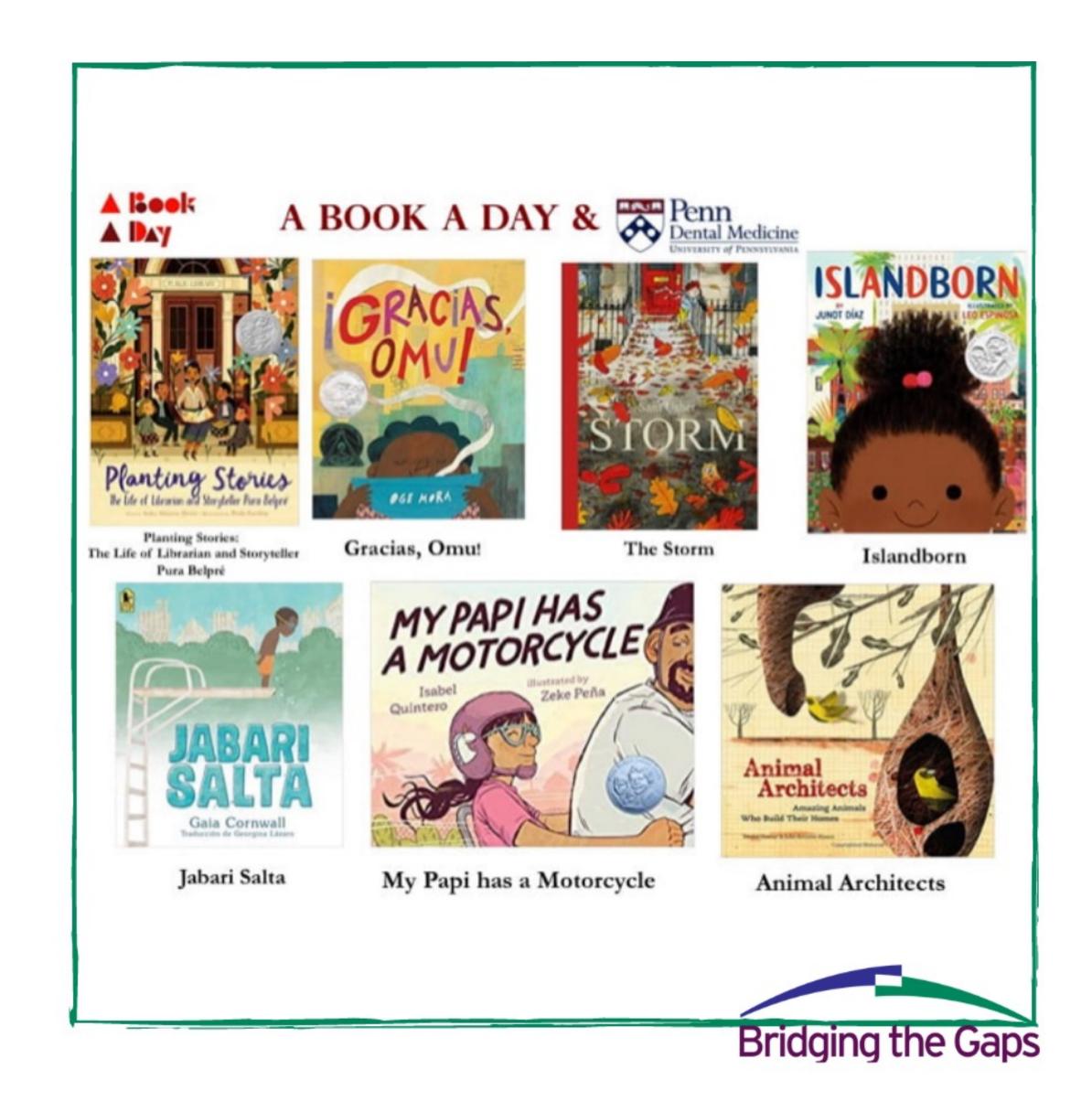
PROJECT RESULTS

- 137 new books were cataloged into A Book a Day's collection library.
- A heart healthy recipe card of Fiesta brown rice salad along with heart healthy pro tips was created, and samples were distributed at a demo set up in the dental school on July 26th.
- An impact survey was conducted for the "Books for Smiles" book giveaway program. 108 books donated by A Book a Day were given out to young patients visiting the Penn Dental community clinics.
- A donation of children's books from Bindlestiff's bookstore was selected by the interns for the Ice Cave, a local shaved ice shop.









REFLECTION

""Working with A Book a Day has taught me so much about what it means to give back to the community. I am grateful to have been able to assist the organization in sharing the gift of reading with schools in the West Philadelphia area. The donation of books provides children with the opportunity to celebrate diverse cultures as well as encourages them to be excited about learning. From my time with Penn Dental, I was also able to learn about how economic disadvantages affect oral health and nutrition. As a healthcare provider, I hope to carry with me the understanding of unique backgrounds which I have gained from my Bridging the Gaps experience." – Aiysha Scott

"Working with A Book a Day and the Penn Dental community sites definitely drew me closer to the west Philadelphia and greater Philadelphia community. The Wednesday workshops and guest lectures keep reminding me imperfections exist in life and around us. BTG inspires me to expand my curiosity and pursuit of knowledge outside of dentistry to think about many important questions. It is indeed a reflective and rewarding summer." –Joy Qiu